

# MSCS Family Wellness Center

The Memphis Shelby County Schools Mental Health Center has opened a Family Wellness Center where our students and their families can get services from 12-8pm. There will be three locations soon - but the location at Cordova Middle School is opening for business today. You do not have to attend Cordova Middle to get services here. Students at ANY Memphis Shelby County School and their families can receive services here.

You can call 416-1631 between the hours of 12-8pm to inquire about service offerings or to schedule an initial appointment. All services are free of charge to students and families of Memphis-Shelby County Schools and include treatment for anxious and depressed teens, group intervention, family therapy, parent skills groups, grief counseling, and cognitive-behavioral intervention for children exposed to trauma.