**Overton High Creative and Performing Arts**

**9th-12th Grade Dance Syllabus**

**Fall 2024**

**Instructor:** Ms. C. Nikki Lewis

**Office:** Dance Studio

**Suggested Supplies:** knee pads and towel

**Required Dress Code:** Students are expected to wear black tank leotard, suntan tights, and proper shoes for the type of dance being studied (socks may be worn with teacher’s permission). Male students should wear fitted white or black tops and black pants. Hair must be secured off the face in a bun or twist. Large or dangling jewelry is ***not permitted*** in class. Leg warmers, skirts, sweats or other accessories are ***allowed only*** at the beginning of class and during rehearsals. *Students who choose not to dress out for class will receive additional in-class assignment to complete for participation grade.*

**Course Description:** Development of Ballet, Modern, Jazz, African, improvisation, solos, group work, dance production, hair makeup & more.

**Course Rationale:** To achieve and maintain the level of a beginning and/or professional dancer the student must experience the work toward perfection of various dance styles and techniques. The physical component of training leads to a healthier body and the aesthetic (artistic) aspect of the study in the arts lead to a greater awareness of self and a means to express that self.

**Goals/Outcomes/Understandings:**

Exploring Dance Styles:

* Teaches a variety or diversity of movement styles and history.
* Enhances critical thinking skills, in addition to "different” ways of combining technique class with dance history.
* Provides a safe environment for learning dance styles, history and improvisation/exploration of movement.
* Provides a means to improve oral communication, as well as verbal and writing skills.
* Use the common elements of dance (time, space, energy, dynamics, and qualities of movement) to demonstrate technical skills to meet the needs of artistic self-expression.

**Objectives: The student will be able to:**

1. Demonstrate ballet, modern, and jazz technique and vocabulary at beginner/intermediate/advanced level.
2. Challenge yourself in dance to be exceptional.
3. Learn correct posture and execution of movement.
4. Identify types of movement by aural (hearing) and visual means.
5. Use elements of dance to broaden range of movement and add tone to performance.
6. Use basic improvisation skills.
7. Participate in oral and written observations on the level and performance of technique in class and at various dance events.

**Instructional Activities:**

* Students will demonstrate and execute a formal ballet class, correct body alignment and dance terminology.
* Students will gain a basic understanding of contemporary modern dance, terminology, history and dance cultures.
* Students will present research on famous dancers and choreographers.
* Students will write journal entries on health (eating) and sleeping patterns.
* Students will write a self-evaluation paper on specific topics.
* Students will spell their names implementing EOD (elements of dance to enhance movement options.
* Students will choreograph a dance phrase, create a dance collage expressing self and begin improvisation sequence
* Quizzes, both physical and written, will be at the discretion of the teacher.

**Grading Rubric for Dance**

The following is the grading system used to indicate the student’s participation, proficiency and conduct/behavior in dance class. Grades are averaged based on the point system below.

**Academic Grading Rubric**

**A= 5 points**

The student participates in and completes **ALL** assignments; follow and achieve **ALL** of the teacher’s directions.

**B= 4 points**

The student participates in and completes **ALL** assignments; follows and achieves **MOST** of the teacher’s directions.

**C= 3 points**

The student **FAILS** to participate and complete most assignments; follows and achieves **VERY FEW** of teacher’s directions.

**D= 2 points**

The student lacks to participate in assignments; does **NOT FOLLOW OR ACHIEVE NEARLY ANY** of the teacher’s directions.

**F= (1) Incomplete (must resubmit the assignment)**

The student fails to participate in assignments; does **NOT FOLLOW OR ACHIEVE ANY** of the teacher’s directions and must resubmit assignment within 24 hours.

**Conduct/Attitude Scale**

Conduct is given separately from the Academic grade. The **ARTS** have a very strong emphasis on **discipline**, which includes students’ **attitude**. Negative attitude is prohibited.

**Conduct Scale**

E= Excellent

S= Satisfactory

N= Needs Improvement

U= Unsatisfactory

**Written Assignments:**

Students must complete and turn-in on the due date. **IT IS THE DUTY OF THE STUDENT TO TURN-IN ASSIGNMENTS BY THE GIVEN DUE DATE. NO ASSIGNMENT WILL BE ACCEPTED LATE** (an exception will be made only with a physician's excuse).

**Course Outline**

All assignments given must be complete and placed in white binder by the due date. This includes any additional assignments given by the instructor.

Note\* 8th hour (M, Tu, Th, & F) we will use this timeframe to set new choreography. Attendance is MANDATORY!

**Week 1** Paperwork & Conditioning

**Week 2** Intro to Ballet

Folder Check 1 (Contract & Syllabi signed)

Dance Attire check **(August 16)**

Daily journals assigned

Begin setting choreography

**Week 3**  Ballet Technique

Dance oral & written reports and self-evaluations (**Assigned**)

**Week 4**  Folder Check 2 **(September 13)**

**Week 5 & 6**  Artistry Week

**Week 7 -9** Improvisation Sequences/Dance phrase

Parent/Guardian Signature Date

Assignments for Folders

*Assignment 1 (Reports)*

Students are required to research one choreographer or famous dancer. Students *must type* a biography of chosen choreographer or famous dancer and discussed the following topics:

* Family-Life
* Education
* Dance Training & Performance Life
* Places Traveled

Rough Draft Due: August 30th

Final Draft Due: September 13th (in folders)

*Assignment 2 (Daily Journal Entries)*

Starting date for assignment 2 (Part 1 & 2) begins **August 12th-23rd**

**Part 1**

Students are required to keep a record everything you consume (ex: breakfast, lunch, dinner, and snacks)

**Part 2**

Students are required to keep a record of sleep patterns (ex: what time you woke up, fell asleep and nap times)

**Due Date Part 1 & 2: August 26th (in folders)**

**Part 3 (Self-Evaluation Paper)**

This assignment is designed for you to keep track of your performance in dance class. Students ***must*** ***type*** a self evaluation paper focusing on the following areas:

1. Alignment
2. Sense of Center
3. Extension
4. Elevation
5. Ability to follow directions and make corrections
6. Musicality
7. Remembering the Sequence
8. Strength
9. Endurance
10. Flexibility
11. Rhythm
12. Range of movement, Technique and Skill in performing movements

**Rough Draft Due: TBA**

**Final Draft Due: TBA**

**FOLDER CHECK DUE DATES**

**Folder 1 Check**

The following items should be in your folder by **August 16, 2024**

* Parent Letter
* Contract **(signed)** **all pages present!!!**
* Signed Dance Syllabi (all pages present)

**Folder 2 Check**

The following items should be in your folder by **September 13, 20124**

* Parent Letter
* Contract **(signed)** **all pages present!!!**
* Signed Dance Syllabi (all pages present)
* Ballet Terminology (All classes)
* Daily Journal Entries
* **Dance Reports (final draft must be typed)**

**Folder 3 Check**

The following items should be in your folder by **October 18, 2024**

* Self-Evaluation Paper
* Group Choreography (must upload choreography and submit to Ms. Lewis to be graded by Oct 18th)

**Note:** All assignments given must be completed and placed in folder by folder due date. This includes any additional assignments given by the instructor. **It is the duty of the student to turn-in assignments by the given due date. No assignments will be accepted late.**

**REFERENCE SHEET**

Folder Colors for classes

**1st period:** Red

**2nd period:** Orange

**3rd period:** Green

**4th period:** Yellow

**5th period:** Purple

**6th period:** Blue

**7th period:**

All CAPA dancers must have 1 black folder!