



## From Mr. Miller...

Greetings,

Happy New Year! I hope that you had a joyful holiday season with your family and friends and that you are relaxed and rejuvenated to begin 2024. As we resume classes, let's embrace the new year with enthusiasm and a commitment to learning. Your partnership is crucial for your child's successful academic journey. We've hit the ground running this semester by strategically implementing systems of support in order to ensure the success for all students. I want to encourage you to sign your child up for after-school tutoring. Our after-school tutoring program provides students with the opportunity to receive intervention and enrichment as we prepare for EOC assessments. Your continued support is greatly appreciated.

**Go Falcons!!**

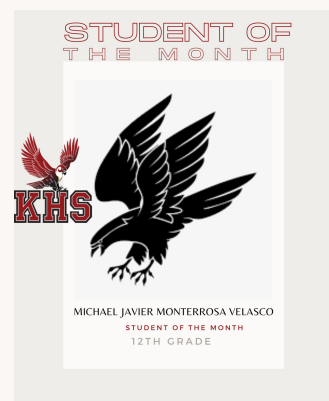
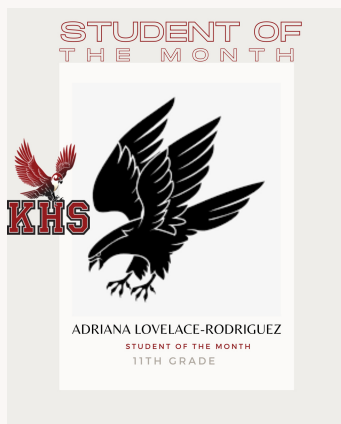
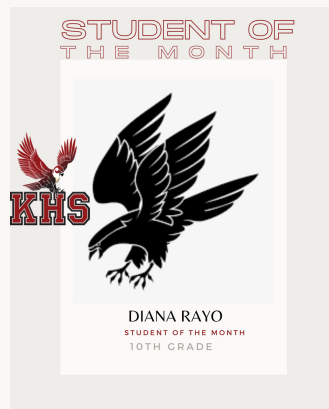
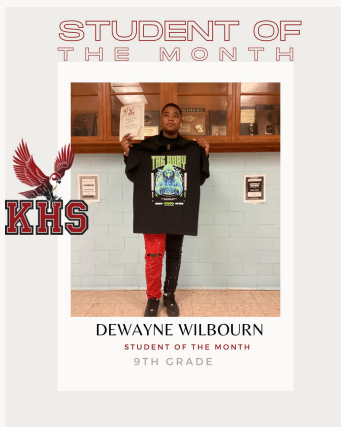
## ATTENDANCE MATTERS. ALL DAY. EVERY DAY.

Thank you for helping us hold our students accountable for attending school all day, every day. Our attendance rate has increased to **89%** from last school year, and our chronic absenteeism rate has decreased by 40%. We appreciate your continued support.

## Staff Members of the Month

Congratulations to **Ms. Schuj** and **Mr. Brunson** on being the staff members of the month! Both of these stellar educators should be commended for their dedication and hard work to drive student success, as well as their contributions to positive school culture. Their unwavering commitment to their work makes them truly deserving. Thank you for your exceptional work!

## Student of the Month



## Academic Highlight

### TUTORING OPPORTUNITIES!

There are many opportunities (and incentives) for your child to participate in tutoring on Tuesdays and Thursdays from 2:30 - 4:00. Follow the steps on page 6 to sign up!

## Why Should You Sign Up for After School Tutoring?

**Time: 2:30 p.m. - 4:00 p.m.  
Tues & Thurs Only**

**Incentives:**  
Extra Credit - food - fun - prizes  
\*\*\*must have 90% Attendance\*\*\*

Pizza Party	Cupcakes	Pizza Party
Popsicles	Chips & Capri Suns	Popcorn & Movie Day
Chips & Capri Suns	Movie at a Movie Theatre	Ice Cream

**\*\*\*Ask for Ms. Williams in Room #154\*\*\***



# RethinkEd

Dear Families,

Memphis-Shelby County Schools and Rethink Ed have partnered to provide you access to our online Social and Emotional (SEL) program. Our SEL program provides videos and activities for both adults and children to support your social and emotional wellbeing. You will have access to strategies and tools that will help you and your child recognize and manage emotions, build stronger relationships, and develop skills to lead happier and healthier lives.

### **What Will I Have Access To?**

Your parent login will allow you to access the following features:

- Access on-demand videos presented by experts in the field developed to support your own emotional well-being.
- Strategies and printable resources to help your child develop skills and set positive goals and make responsible decisions.
- Your child will have access to engaging video and activities that provide opportunities to develop decision-making skills, identify and manage their emotions, feel and show empathy toward others, and communicate well with others.

### **How Do I Register for My Account?**

To register for your account:

- Scan the QR code below and click REGISTER. (Note: Be patient. This process may take a few minutes.)
- Write down your username and password.
- Enjoy the program!



If you would like additional help or support with your Rethink Ed account, please email [support@rethinked.com](mailto:support@rethinked.com)

Yours sincerely,

Memphis-Shelby County Schools and Rethink Ed Team





Queridos Padres y Cuidadores,

Escuela de Shelby County y Rethink Ed, se han asociado para proporcionarle acceso en línea a nuestro programa Social y Emocional (SEL). Nuestro programa SEL, proporciona videos y actividades tanto para adultos como para niños, que apoyan su bienestar social y emocional. Tendrá acceso a estrategias y herramientas que le ayudaran a usted y a su hijo (a), a reconocer y manejar las emociones, construir relaciones más fuertes y desarrollar habilidades para llevar una vida más feliz y saludable.

### ¿A qué tendré acceso?

Sus credenciales de padre, le permitirán tener acceso a las siguientes opciones:

- Acceso a videos en demanda presentados por expertos, desarrollados para apoyar su propio bienestar emocional.
- Estrategias y recursos imprimibles para ayudarle a su hijo (a) a desarrollar habilidades, establecer objetivos positivos y tomar decisiones responsables.
- Su hijo (a) tendrá acceso a videos y actividades atractivas que le brindarán oportunidades para desarrollar su capacidad de tomar decisiones, identificar y manejar sus emociones, sentir y mostrar empatía hacia otros y comunicarse bien con los demás.

### ¿Cómo me registro para mi cuenta gratuita?



Para registrarse en su cuenta gratuita:

1. Complete el formulario y oprima 'REGISTER'.
2. Escriba su usuario y contraseña.
3. ¡Disfrute el programa!
4. También puedes usar tu celular escaneando el código QR que se encuentra al final de esta carta

Si desea ayuda adicional o apoyo con su cuenta de Rethink ED, por favor envíe un correo electrónico a [support@rethinked.com](mailto:support@rethinked.com)

**Atentamente,**

Los Empleados de Shelby County y Rethink Ed



**RethinkEd**  
Together We Power Potential



Social Emotional Learning suggest helpful tips to support students during stressful events

## Supporting Emotions with Mindfulness



### **Practice Mindfulness. Breathe through it!**

Calm yourself by taking a deep breath. Breathing helps you gather yourself before you respond from an emotional state.

### **Regulation Matters. Conflict will happen!**

Movement can be a helpful resource when your child is feeling sad, angry, or nervous. When your body moves, it releases stress and anxiety to help regulate brain function. Exercises such as stretching, walking, and dancing can help keep your body happy.

### **Create a Safe Place. Wellness at home!**

Create or use a safe place at home that your child can go gather their thoughts and de-escalate in a calming environment. Listening to music, writing in a journal, reading a book, and coloring are activities your child can do in their safe place.

### **Use Affirmations. Inspire with Love!**

Motivational positive affirmations help children face challenges. Encourage your child to use affective statements to improve their emotional and mental well-being. Speaking positively encourages positive results.

### **Goal Setting. Plan for Success!**

Support your child in making a clear plan for success and how you both will monitor progress. By creating a step-by-step guide to help you get from where you are now to where you want to be in the future, sets the stage for intentionality and improvement. Your goals, dreams, and aspirations are all within reach.





MSCS FAMILIES,  
CHECK THIS OUT!

## BEFORE/AFTER SCHOOL TUTORING

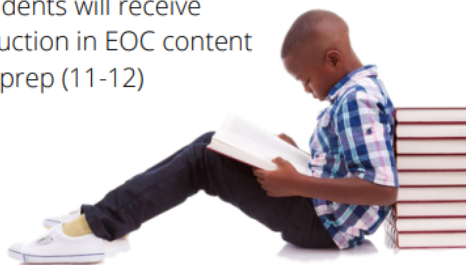
Structured, clearly defined tutoring programs have been proven to significantly increase student achievement.

**SPACES ARE LIMITED. TO ENROLL, LOGIN TO POWERSCHOOL & SELECT THE FORMS TAB.**

Main features of our tutoring program:

- Tutoring for students in grades K-12
- 1:8 maximum tutor-to-student ratio
- 2-3 days per week for 1-1.5 hours per day
- K-8 students will receive additional instruction in English Language Arts or Math
- High school students will receive additional instruction in EOC content (9-10) and ACT prep (11-12)

Memphis-Shelby County Schools offers educational and employment opportunities without regard to race, color, religion, sex, creed, age, disability, national origin, or genetic information.

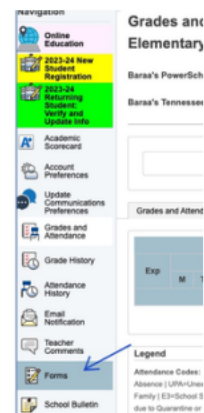


## BEFORE/AFTER SCHOOL TUTORING

### HOW TO ENROLL

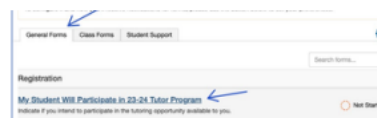
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Once you log into PowerSchool, click "Forms" in the left column



(Make sure you're on General Forms!) Click on the "My Student Will Participate in 23-24 Tutor Program" link (under "Registration")

2



3

Select the choices applicable to your student:  
"Yes - I am interested"  
or  
"No - I am NOT interested"  
NOTE: You may be required to share additional information based upon your answer

**Hit the "Submit" button to register!!**

## Our Administrators can always be reached!

Shenar Miller-millers2@scsk12.org

Nora Jones- jonesnl@scsk12.org

Walter Ward- wardw@scsk12.org

Megan Schmidt- robertsonmr@scsk12.org

Dr. Derrick Hardaway- hardawaydd@scsk12.org



## Coming up...

**JANUARY 12**

BASKETBALL @ OVERTON

**JANUARY 24**

PICTURE DAY

**JANUARY 15 - MLK HOLIDAY**

NO SCHOOL

**JANUARY 25**

HONORS PROGRAM

**JANUARY 16**

BASKETBALL VS.  
WHITEHAVEN

**JANUARY 26**

BASKETBALL VSL OVERTON

**JANUARY 17**

SENIOR MEETING

**JANUARY 30**

BASKETBALL @ CENTRAL

**JANUARY 19**

BASKETBALL VS. EAST

**FEBRUARY 1**

KARAOKE  
(STUDENT INCENTIVE) @ 1 PM

**JANUARY 23**

BASKETBALL VS. WHITE  
STATION



[HTTPS://SCHOOLS.SCSK12.ORG/KINGSBURY-HS](https://schools.scsk12.org/kingsbury-hs)