



## Mark Your Calendar!

### Fall Break

- October 10 -14

### Picture Day

- October 17, 8<sup>th</sup> Grade
- October 18, 7<sup>th</sup> Grade
- October 19, 6<sup>th</sup> Grade

### Fri. Oct. 21

- Basketball Midday Madness @ 1:30 p.m.

### Mon. Oct. 24

- CMS vs. Highland Oaks home game
- Girls (5:30) & Boys (6:30)

### Thu. Oct. 27

- CMS vs. Ridgeway
- Girls (5:30) & Boys (6:30)

### Sat. Oct. 29

- CMS vs. Arlington Middle @ Christian Brothers 6pm

# The Revolutionary Word

## CAPA Creative Writing Department

October 2022

Volume 10, Issue 2

## Happy Hispanic Heritage Month

- National Hispanic Heritage Month is celebrated from September 15 to October 15
- National Hispanic Heritage Month celebrates the histories, cultures and contributions of American citizens whose ancestors came from Spain, Mexico, the Caribbean and Central and South America

### Do you recognize these famous people?

By Patrick Jefferson  
Kaylan Grant



Benito Antonio Martínez Ocasio, known professionally as Bad Bunny, is a Puerto Rican rapper and singer. His music is defined as Latin trap and reggaeton.



Cesar Chavez was very instrumental in establishing the rights of the workers. He organized the United Farm Workers Association.



At 90 years old, Dolores Huerta still stands as a giant in the fight for Hispanic American labor rights.



Belcalis Marlenis Almánzar, known professionally as Cardi B, is an American rapper and songwriter. She is known for her aggressive



Camara DaCosta Johnson, better known as Yaya DaCosta, is an American actress and model. Her father is Brazilian and her mother is Black-American.



A Bronx native of Puerto Rican descent, Sonia Sotomayor became the first Hispanic American to serve as a member of the Supreme Court.

## Ask Super Patriot

*So, there are these girls at school that I just can't stand. I don't even fool with them at all. Whenever they see me, they start laughing. They say little things when I walk by them. How should I let them know that they can't do that to me? I like to keep it 100 so I want to let them how I feel and what I'm going to do if they don't quit.*

Signed,

Keep it Real



Dear Keep it Real,

Now let me begin like this, if you feel like you are being bullied, please talk to your teacher or Mr. Turner. They can help you. If that is not your choice, why do *you* have to say something? Are you really trying to solve the problem? You see the problem really is that your feelings are hurt. Do you want to be friends with these girls? If not, why does it bother you that they don't care for you? Everyone isn't going to be your friend. Now, that doesn't mean they can be malicious or harmful. However, you won't be helping the situation by responding. Remember every

action has a consequence. Make the best choice for you. I'm not saying you are wrong for being bothered. I'm saying that you have options. Don't limit yourself to one thing. Now, this is the hard part. Do not give their words or actions power over you. This does take practice –to hear someone say something about you and ignore it.

**Do you want Super Patriot to help you with something? Do you have a question? Bring your questions to Room B147 and Super Patriot will help you.**

# Empanada

## Ingredients

- 1 tablespoon canola oil, divided
- 1 pound ground chuck
- 1 cup chopped white onion (from 1 small onion)
- 1 teaspoon minced garlic (from 1 garlic clove)
- 1 teaspoon kosher salt
- 2 tablespoons taco seasoning mix
- 2 tablespoons tomato paste
- 4 (8- to 10-in.) flour tortillas
- 8 ounces quesadilla cheese or white Cheddar cheese, shredded (about 2 cups)
- Sour cream
- Guacamole
- Salsa



Preheat oven to 200°F. Heat 1 teaspoon of the oil in a large skillet over medium-high. Add ground chuck, onion, garlic, and salt; cook, stirring occasionally, until beef is browned and cooked through, 6 to 8 minutes. Add taco seasoning mix and tomato paste; cook, stirring constantly, until fragrant and toasted, about 1 minute. Remove beef mixture and drain. Do not wipe skillet clean.

Sprinkle each tortilla evenly with 1/2 cup cheese, and top each with 3/4 cup meat mixture: fold tortillas in half. Heat 1 teaspoon of the oil in a large nonstick skillet over medium; add 2 quesadillas, and cook until golden brown and crisp, 1 to 2 minutes. Using a spatula, turn quesadillas over, and cook one more minute. Transfer hot quesadillas to a baking sheet and keep warm in preheated oven. Repeat with remaining 1 teaspoon oil and 2 quesadillas. Serve with sour cream, guacamole, and salsa.

Sheryl Lopez

## Word Search

S	S	R	E	S	O	U	R	C	E	S	V	D	S
R	E	N	Y	W	I	R	I	I	L	E	E	R	S
P	E	E	Q	I	C	E	C	N	E	D	I	V	E
I	S	I	A	U	A	V	E	X	P	L	A	I	N
P	E	A	C	S	O	I	S	T	D	R	W	I	R
Y	R	L	E	A	T	E	E	S	A	C	T	T	N
X	U	X	S	C	U	W	R	Z	T	T	I	Y	E
C	T	A	S	K	I	E	R	T	U	D	A	T	E
N	T	A	A	D	F	T	X	Q	D	I	N	A	E
P	Z	I	Y	N	I	E	C	C	S	I	A	S	A
	E	K	I	A	T	R	O	A	I	W	L	T	R
Q	U	O	T	E	S	I	E	A	R	X	Y	A	T
C	I	A	S	T	A	I	V	C	E	P	Z	O	I
R	T	T	Z	T	S	A	S	U	T	N	E	E	E

- QUOTES
- REVIEW
- TEXT
- DIRECT
- EVIDENCE
- PRACTICE
- CITE
- EXPLAIN
- ANALYZE
- TASK
- RESOURCES
- ESSAY
- INFER

Laresa Ivy

## Picture Day Attire

**8<sup>th</sup> graders** – Dressy Black and White Combination  
**October 17 @ 8:30 – 11:30 & 1:30 – 2:30**

**7<sup>th</sup> graders** – Navy blue shirts and uniform pants  
**October 18 @ 8:30 – 11:00 & 12:30 – 2:30**

**6<sup>th</sup> graders** – Red tops and uniform pants  
**October 19 @ 8:30 – 10:30 & 12:00 – 2:00**

\* This is the picture that will go in your yearbook. Represent yourself to the fullest by looking your best! Thank you for dressing appropriately on your picture day; otherwise, your picture will not be taken.

## What great PATRIOTS are talking about...

Kaidence Tate

**Taylor Harden, 8<sup>th</sup> grade student**  
**Volleyball player**

**How do you prep for a game?**

We motivate each other, make sure everyone is warmed up, and confident in their skills.

**How do you reflect during a game?**

I'm thinking about the plays. I am always thinking of the things I can say to my teammates to encourage them to do better during the game.

**Do you like being an athlete and a student?**

Yes, but at the same time, you must balance. You must get your priorities together.

**What's your favorite thing about volleyball?**

I love the sisterhood. Everyone helps and there is always someone you can lean on. If you need a sweater or anything, my team is there for me.

**What do you want people to know?**

Volleyball is actually a great sport!

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