

**New SEL Hotlines Available for Students & Families:** Providing continuous instructional support has been a top priority during the District closure, but self-care and emotional self-regulation are also very important during these uncertain times. That's why the District is making it possible for students and parents to connect with school social workers and counselors around the clock for resources and assistance with social emotional concerns. Families can call our 24-hour informational line (416-2266) for pre-recorded support messages, and the live SEL support line (416-8484) is open M-F, 9 a .m. - 4 p.m., to allow students and families to connect with a member of the SCS Mental Health Center. View the topics of support and get additional info in these flyers: [English](#) | [Spanish](#). You can also find additional SEL resources, including videos, podcasts and links to local and statewide crisis support, at [www.scsk12.org/SELsupport](http://www.scsk12.org/SELsupport).

**UPDATE:** The flyers posted in this morning's District Updates have been changed because there is a new phone number for the 24-hour line. Please discontinue use of the flyers share yesterday, and use the versions linked above for future communications.